

Mental Health & Counseling Support at Camp Namanu

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My name is Thunder (he/him), I'm a licensed Professional Counselor Associate, and founder of **Connected Roots Counseling**. I am excited to announce we will be offering mental health and behavioral support for both campers and staff this summer. As a former Namanu staff, I am excited to be back and share my Ecotherapy and counseling practices with the Camp Namanu Community.

What I'm Offering This Summer:

On-Site Support for Campers

I'll be available throughout the summer for informal, short-term support—whether that means helping a camper work through homesickness, supporting staff navigating campers mental health needs, or just offering a space to talk and decompress. This service is available to all campers and staff at no cost.

Want to Keep Working Together After Camp?

If you find our work together helpful and want to continue beyond your time at camp, I'm currently accepting new clients through my private practice, **Connected Roots Counseling**. Connected Roots Counseling operates up at Ranch Camp out of my office- cabin, along ranch trails, and in various groves on the land. These 60- or 90-minute sessions are great for anyone looking for more focused support. The services will be offered throughout the summer and beyond, and are available at an out-of-pocket and out-of-network rate.

Get in Touch or Book a Session:

Website: connectedrootspdx.com

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